



MIDSTÖÐ FORELDRA OG BARNA



ÞERAPEIA



Barnaverndarstofa



RBF



Embætti  
landlæknis  
Directorate of Health

*"Understanding why some mothers find it hard to love their babies"*

**Námsdagur um mikilvægi tilfinningatengsla foreldra og ungbarna**

**Föstudagur 31. ágúst 2012 kl. 8:30-16:00**

**Fyrirlestrasalur Þjóðminjasafnsins**

**Fyrirlesari:** Amanda Jones klínískur sálfræðingur hjá North East London Mental Health Trust

8:30 – 9:00 Skráning

9:00 – 9:15 Setning – Anna María Jónsdóttir geðlæknir

9:15 – 10:25 Why is it important to think about a baby's emotional experience?

10:25 – 10:45 Kaffi

10:45 – 12:00 Understanding why many parents (mothers and fathers) become emotionally ill around the birth of their baby and ways to help.

12:00 – 13:15 Hádegishlé

13:15 – 14:30 Some case examples to help us understand the subject of perinatal breakdowns and some ways of helping us to identify vulnerable families and their babies and help.

14:30 – 14:50 Kaffi

14:50 – 16:00 Some case examples to help us understand the subject of perinatal breakdowns and some ways of helping us to identify vulnerable families and their babies and help.

**Fundarstjóri:** Sæunn Kjartansdóttir sálgreininir

Fyrirlestrarnir fara fram á ensku